

## **Milford Parent Support Groups:**

### **A Women's Way**

Community Impact  
Communityimpactinct.net

211 Main Street Milford, MA 01757

This group is intended for women 18 and over who need support in creating their own path of recovery.

### **Do You Need Health Insurance?**

(508) 595-0795  
Edward M. Kennedy Community  
Health Center 42 Cape Road  
Milford, MA 01757

First and Third Monday of  
the month 8:30-5:00pm

The Milford Public Library  
80 Spruce Street Milford,  
MA 01757 Second and  
Fourth Monday of the Month  
2:00-6:00pm

Massachusetts Health Connector Health Insurance Outreach Program can help you apply for health insurance. This is a free service.

### **Parent Support Group**

(508) 478-6888 ext. 131  
10 Asylum Street Milford, MA 01757  
Jeanne Ward, Jeanne\_ward@waysideyouth.org

A free four-week group for parents whose teens have experienced Sexual Violence and/or Trauma and are in need of empowerment, coping skills and tips for healing their spirits.

### **Kennedy-Donovan Center, Support and Stabilization**

(508) 997-5875  
376 Nash Road, New Bedford,  
MA 02746 [www.kdc.org](http://www.kdc.org)

This center offers a comprehensive support and stabilization model for families to alleviate the stresses that led to a family's involvement with DCF.

### **SMOC: South Middlesex Opportunity Council**

(508) 872-4853  
7 Bishop Street, Framingham, MA 01072

S.M.O.C. strives to improve the quality of life of low-income individuals and families.

Edward M. Kennedy Community Health Center  
1 800-853-2288

650 Lincoln Street, Worcester, Ma 01605

A non-profit community based health center that provides preventative care, routine checkups, immunizations and management of acute and chronic illnesses.

WIC: Women, Infants, and Children

United States Department of  
Agriculture Food and Nutrition  
Service [www.fns.usda.gov](http://www.fns.usda.gov)

Healthy Families America

[www.healthyfamiliesamerica.org](http://www.healthyfamiliesamerica.org)

A program of PCA America that strives to provide all expectant and new parents with the opportunity to receive the education and support they need at the time their baby is born.

You inc., Family Support Networks

[www.youinc.org](http://www.youinc.org)

Works with DCF to purchase services that connect children and families being served by the Massachusetts child welfare system with vital mental health care.

The Gan Rivkah Center

(508) 838-6151

[www.ganrivkahcenter.com](http://www.ganrivkahcenter.com)

[ruskeyrose@yahoo.com](mailto:ruskeyrose@yahoo.com)

This center is a program for women and children that provides emergency shelter for women and children.

### **Additional Website Resources:**

[Learn2cope.org](http://Learn2cope.org)

Learn to Cope is a support organization that offers education, resources, peer support