

Tri-Valley, Inc. September Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meal Sites: Franklin 508-520-1422, Northbridge 508-234-2002, Spencer 508-885-3904 Upton 508-529-9094, Webster 508-949-6640, Southbridge 508-764-1469, Oxford 508-987-6000 Milford 508-478-8102, Uxbridge 774-482-6174, Sutton 508-234-0703, Sturbridge 508-347-5063 West Brookfield 508-867-1411</p> <p>Tri-Valley receives federal financial support under the Older American Act furnished by Central Mass Agency on Aging and the MA Office of Elder Affairs</p>			<p>1 BBQ Chicken Mashed Potatoes Country Blend Vegetables Strawberry Shortcake Diet=Strawberries</p>	<p>2 Cheese/Spinach Omelet O'Brien Potatoes Mixed Vegetables Fruit Cocktail Marble Rye Bread</p>
<p>5. Holiday No Meals Served</p>	<p>6 Greek Chicken Steamed White Rice Broccoli Yogurt</p>	<p>7 Meatloaf Gravy Garlic Mashed Potatoes Chuckwagon Corn Fresh Fruit</p>	<p>8 Turkey Pot Pie Mashed Potatoes Capri Vegetables Peaches</p>	<p>9 Breaded Fish Tartar Sauce Wild Rice Carrots Mandarin Oranges</p>
<p>12 Beef Stew Rice Corn Niblets Pineapple</p>	<p>13 Vegetable Cheese Bake Roman Vegetables Baked Apples</p>	<p>14 Chicken Murphy Seasoned Potatoes Beets Vanilla Mousse</p>	<p>15 Salisbury Steak Gravy Sr Cream & Chive Potatoes Peas & Carrots Fresh Fruit</p>	<p>16 Spaghetti & Meatballs Green Beans Brownie Diet= Small Brownie</p>
<p>19 Jambalaya Rice Pilaf Green Peas Fresh Fruit</p>	<p>20 Meatballs w/Onion Gravy Egg Noodles Scandinavian Vegetables Pineapple</p>	<p>21 Pork Chow Mein Brown Rice Oriental Blend Vegetables Mandarin Oranges</p>	<p>22 Macaroni & Cheese Stewed Tomatoes Green Beans Birthday Cake Diet=Plain Birthday Cake</p>	<p>23 Fish w/Crumb Topping Au Gratin Potatoes Brussels Sprouts Tapioca Pudding Diet = Diet Pudding</p>
<p>26 Hot Dog Baked Beans Cold Potato Salad Peaches</p>	<p>27 Salmon Boat Dill Sauce Mashed Potatoes Peas & Pearl Onions Cookie</p>	<p>28 Chicken Primavera Penne Pasta Spinach Apple Streusel Cake Diet= Small Piece</p>	<p>29 Beef Mediterranean Steamed Rice Mixed Vegetables Pineapple</p>	<p>30 Lasagna Broccoli Carrots Fresh Fruit</p>