



## TOWN OF UPTON, MASSACHUSETTS

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### OFFICE OF THE TOWN MANAGER

#### RECREATIONAL & VOLUNTEER ACTIVITY RELEASE FORM

I, the undersigned \_\_\_\_\_, do hereby consent to my participation in voluntary or recreation programs of the Town of Upton.

I also agree to forever release the Town of Upton, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the Town ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the Town of Upton voluntary activities or recreation programs.

I also promise, to indemnify, defend, and hold harmless the Releases against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in the Town of Upton voluntary activities or recreation programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation is voluntary and that I am free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to participate in the Town as a volunteer or in its recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage that I may suffer in Town voluntary activities or recreation programs.

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Participant Signature

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Date Signed

Valid through December 31, 20\_\_\_\_