

Tri-Valley, Inc. - February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Pot Pie Mashed Potatoes Beets Peaches Biscuit	4 Spaghetti & Meatballs Green Beans Lemon Pudding Diet = SF Tapioca Italian Bread	5 Potato Crunch Fish Wild Rice Country Blend Vegetables Tartar Sauce Fresh Fruit Pumpernickel Bread	6 Baked Ham Sr. Cream & Chive Mashed Pot. Peas & Carrots Cinnamon Streusel Cake Diet = Half Piece Marble Rye Bread	7 Garlic Herbed Chicken Cranberry Herb Stuffing Roasted Brussels Sprouts Pear Crisp Diet = Applesauce Whole Wheat Bread
10 Braised Beef Gemelli Pasta Broccoli Mandarin Oranges Italian Bread	11 Hot Dog Baked Beans Coleslaw Fresh Fruit Hot Dog Bun Mustard	12 Stuffed Pepper Casserole Mashed Potatoes Honey Glazed Carrots Brownie Diet = Half Piece Marble Rye Bread	13 Broccoli & Cheese Stuffed Chicken with Gravy Wild Rice Spinach Vanilla Yogurt Pumpernickel Bread	14 <u>Valentine's Day</u> Turkey Supreme Herb Stuffing Roasted California Blend Strawberry Shortcake Diet = Strawberries Italian Bread
17 President's Day No Meal Served	18 Burger with Chili Yukon Potatoes Green Beans Fresh Fruit Sandwich Roll	19 Roast Pork Loin with Gravy Bread Stuffing Country Blend Vegetables Apple Crisp Diet = Applesauce Italian Bread	20 American Chop Suey Broccoli & Red Peppers Bread Pudding French Bread Minestrone Soup	21 Greek Chicken Steamed White Rice Roasted Broccoli Fruited Ambrosia Pumpernickel Bread
24 Shepherd's Pie Carrots Peas Fresh Fruit Marble Rye Bread	25 <u>Mardi Gras</u> Jambalaya Rice Pilaf Mixed Vegetables Pineapple Corn Muffin	26 <u>Ash Wednesday</u> Ravioli with Vegetable Alfredo Sauce O'Brien Potatoes Roasted Brussels Sprouts Baked Apples French Bread	27 Chicken Pesto Red Bliss Potatoes Country Blend Vegetables Birthday Cake Diet = Half Piece Pumpernickel Bread	28 Lemon Pepper Fish Potatoes Au Gratin Jardinière Vegetables Tartar Sauce Lorna Doone Cookies Peasant White Bread

Dudley 508-949-6640, Franklin 508-520-1422, Milford 508-478-8102, Northbridge 508-234-2002, Oxford 508-987-6000, Southbridge 774-289-9438, Spencer 508-885-3904, Sturbridge 508-347-5063, Sutton 508-234-0703, Upton 508-529-9094, Uxbridge 774-482-6174, West Brookfield 508-867-1411

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