

Tri-Valley, Inc. - June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
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Dudley 508-949-6640, Franklin 508-520-1422, Milford 508-478-8102, Northbridge 508-234-2002, Oxford 508-987-6000, Southbridge 508-764-1469, Spencer 508-885-3904, Sturbridge 508-347-5063, Sutton 508-234-0703, Upton 508-529-9094, Uxbridge 774-482-6174, West Brookfield 508-867-1411 Tri-Valley receives federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Executive Office of Elder Affairs.				Spaghetti & Meatballs Green Beans Baked Apples
4	5	6	7	8
Macaroni & Cheese Stewed Tomatoes Green Beans Yogurt	Greek Chicken Rice Pilaf Broccoli Tapioca & Diet	Meatloaf & Gravy Garlic Mashed Potato Chuck Wagon Corn Peaches	Chicken Pot Pie Yukon Gold Potatoes Mixed Vegetables Fresh Fruit	Breaded Fish w/ Roll Lemon Seasoned Potatoes Scandinavian Vegetables Mandarin Oranges Tartar Sauce
11	12	13	14	15
Chicken Milano Herbed Seasoned Potatoes Beets Apple Cinnamon Grahams	Meatballs w/ Onion Gravy Bowtie Pasta Spinach Fresh Fruit	Catch of the Day Sour Cream & Chive Potatoes Broccoli Brownie Diet = Small Piece	Father's Day Meal BBQ Chicken Mashed Potatoes Country Blend Vegetables Strawberry Shortcake Diet = Strawberries/Whip	Beef Stew w/ Cornbread Steamed White Rice Corn Niblets Pineapple
18	19	20	21	22
Salisbury Steak w/ Gravy Mashed Potatoes Peas & Carrots Fresh Fruit	Marinated Pork Loin Cranberry Stuffing Oriental Blend Vegetables Mandarin Oranges	Vegetable Cheese Bake Herb Potatoes Roman Vegetables Pears	Chicken Sausage Jambalaya Rice Pilaf Green Peas Butterscotch Pudding Diet = Dt. Vanilla Pudding	Fish w/ Crumb Topping Potatoes Au Gratin Brussel Sprouts Yogurt
25	26	27	28	29
Roast Pork w/ Gravy Mashed Sweet Potatoes Green Beans Applesauce	Salmon Boat w/ Dill Sauce Mashed Potatoes Mixed Vegetables Granola Bar	Roast Beef Sandwich w/ Roll Lettuce & Tomato Potato Salad Cucumber & Tomato Salad Mayonnaise Fresh Fruit	HAPPY BIRTHDAY Lasagna w/ Meatballs Broccoli Birthday Cake Diet = Plain Cake	Chicken Fajitas Spanish Rice Black Beans & Corn Sour Cream Pineapple