

Tri-Valley, Inc. - March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dudley 508-949-6640, Franklin 508-520-1422, Milford 508-478-8102, Northbridge 508-234-2002, Oxford 508-987-6000, Southbridge 508-764-1469, Spencer 508-885-3904, Sturbridge 508-347-5063, Sutton 508-234-0703, Upton 508-529-9094, Uxbridge 774-482-6174, West Brookfield 508-867-1411 Tri-Valley receives federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Executive Office of Elder Affairs.			1	2
			Pot Roast with Gravy Mashed Potatoes Herbed Carrots Cold Pear Crisp Diet=Applesauce	Catch of the Day Wild Rice Tuscany Style Vegetables Brownie Diet=Plain Cake
5	6	7	8	9
Roast Turkey Mashed Sweet Potatoes Tuscany Vegetables Pudding & Diet	Stuffed Pepper Casserole Mashed Potatoes Carrots Pears	Garlic Herbed Chicken Potatoes Au Gratin Winter Mix Vegetables Peach Streusel Cake Diet=Small Piece	Beef w/ Pearl Onions Rice Pilaf Peas & Carrots Pineapple	Egg Frittata O'Brien Potatoes Stewed Tomatoes Fresh Fruit
12	13	14	15 <i>St. Patrick's Day Meal</i>	16
Beef Burgundy Brown Rice Brussels Sprouts Cookie*	Hot Dog on Bun** Peppers/Onions Baked Beans Pasta Salad Fresh Fruit	American Chop Suey Broccoli & Red Peppers Baked Apples	Corned Beef Boiled Potato Cabbage & Carrots Lime Jell-O & Topping Diet Jell-O	Breaded Fish Potato Wedges Mixed Vegetables Fresh Orange Sandwich Roll <i>Vegetable Barley Soup</i>
19	20	21	22	23
Ranch Chicken Wild Rice Carrots and Green Beans Fresh Fruit	Beef with Onions & Peppers Roasted Potatoes Carrots Pears Roll	Roast Pork w/ Gravy Cranberry Apple Stuffing Peas & Onions Vanilla Pudding & Diet	Spaghetti & Meatballs Green Beans Birthday Cake & Plain Cake	Macaroni & Cheese Carrots Stewed Tomatoes Peaches
26	27	28	29 <i>Easter Holiday Meal</i>	30
Greek Chicken Steamed White Rice Broccoli Mandarin Oranges <i>Cream of Carrot Soup</i>	Lasagna Mixed Vegetables Baked Cinnamon Pears French Bread	Meatloaf & Gravy Garlic Mashed Potatoes Chuck Wagon Corn Fresh Fruit	Glazed Ham w/Pineapple Mashed Potatoes Herbed Carrots Eclairs Diet = Vanilla Mousse	Fish Victor Tartar Sauce Rice Pilaf Mixed Vegetables Blondie (Diet=Small Piece) Wheat Hamburger Roll