

Tri-Valley, Inc. - March 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p style="text-align: center;">Teriyaki Beef Steamed Rice Broccoli Pineapple Fortune Cookie Whole Wheat Bread</p>	<p>3</p> <p style="text-align: center;">Chicken Picatta Wild Rice Roasted California Vegetables Lemon Pudding Diet = SF Tapioca Pudding Pumpnickel Bread</p>	<p>4</p> <p style="text-align: center;">Shepherd's Pie Carrots Peas Cinnamon Streusel Cake Diet = Small Piece Italian Bread</p>	<p>5</p> <p style="text-align: center;">Salisbury Steak with Gravy Garlic Mashed Potatoes Mixed Vegetables Fresh Fruit Sandwich Roll Chicken Vegetable Soup</p>	<p>6</p> <p style="text-align: center;">Potato Crunch Fish Potatoes Au Gratin Jardinière Vegetables Baked Cinnamon Pears Marble Rye Bread Tartar Sauce</p>
<p>9</p> <p style="text-align: center;">BBQ Chicken Mashed Potatoes Glazed Carrots Fresh Fruit Whole Wheat Bread</p>	<p>10</p> <p style="text-align: center;">Meatballs with Onion Gravy Gemelli Pasta Summer Corn Fruited Ambrosia Marble Rye Bread</p>	<p>11</p> <p style="text-align: center;">Marinated Pork Loin Herbed Potatoes Peas & Onions Gingerbread Yogurt</p>	<p>12</p> <p style="text-align: center;">Chicken Fajitas Spanish Rice Black Beans & Corn Sour Cream Pita Bread Pineapple</p>	<p>13</p> <p style="text-align: center;">Macaroni & Cheese Stewed Tomatoes Green Beans Brownie Diet = Half Piece Italian Bread</p>
<p>16</p> <p style="text-align: center;">Lasagna & Meatballs Mixed Vegetables Lorna Doone Cookies French Bread</p>	<p>17</p> <p style="text-align: center;">Corned Beef Boiled Potato Cabbage & Carrots Chocolate Pudding Diet = Vanilla Pudding Corn Muffin</p>	<p>18</p> <p style="text-align: center;">Beef with Onions & Peppers Potato Wedges Glazed Carrots Fresh Fruit Sandwich Roll</p>	<p>19</p> <p style="text-align: center;">Roast Pork with Gravy Cranberry Stuffing Roasted Brussels Sprouts Baked Apples Pumpnickel Bread</p>	<p>20</p> <p style="text-align: center;">Fish with Crumb Topping Rice Pilaf Roasted California Blend Veg Pear Crisp Diet=Pears Whole Wheat Bread</p>
<p>23</p> <p style="text-align: center;">Beef Stew Rice Corn Niblets Mandarin Oranges Italian Bread</p>	<p>24</p> <p style="text-align: center;">Buttermilk Chicken Sour Crm. & Chive Mash. Potato Peas & Carrots Oreo Cookies Whole Wheat Bread</p>	<p>25</p> <p style="text-align: center;">Baked Potato with Chili & Cheese Broccoli Sour Cream Birthday Cake Diet = Small Piece Pumpnickel Bread</p>	<p>26</p> <p style="text-align: center;">Hot Dog Baked Beans Coleslaw Strawberries Mustard Hot Dog Bun</p>	<p>27</p> <p style="text-align: center;">Vegetable Cheese Bake Seasoned Potatoes Green Beans Peaches Italian Bread</p>
<p>30</p> <p style="text-align: center;">Chicken Mornay Couscous Roasted Roman Vegetables Butterscotch Pudding Diet= SF Vanilla Pudding Marble Rye Bread</p>	<p>31</p> <p style="text-align: center;">Meatloaf with Gravy Garlic Mashed Potatoes Peas & Onions Mixed Fruit Whole Wheat Bread</p>	<p>Dudley 508-949-6640, Franklin 508-520-1422, Milford 508-478-8102, Northbridge 508-234-2002, Oxford 774-289-2600, Southbridge 774-289-9438, Spencer 508-885-5767, Sturbridge 508-347-5063, Sutton 508-234-0703, Upton 508-529-9094, Uxbridge 774-482-6174, West Brookfield 508-867-1411 Tri-Valley receives federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Executive Office of Elder Affairs.</p>		