

Tri-Valley, Inc. - May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Menu Subject to Change	Shepherd's Pie Peas Carrots Apple Cinnamon Grahams	Turkey a la King Steamed White Rice Brussel Sprouts Peaches	Meatloaf & Gravy Garlic Mashed Potatoes Mixed Vegetables Pear Crisp Diet = Applesauce	Macaroni & Cheese Stewed Tomatoes Green Beans Fresh Fruit
7	8	9	10	11
Swedish Meatballs Gemelli Pasta Scandinavian Vegetables Mandarin Oranges	Pork Rib-i-que on Sandwich Roll Mac 'n Cheese Side Corn Niblets Strawberries/Whip Topping	Sloppy Joe on Bun Herbed Potatoes Mixed Vegetables Fresh Fruit	Chicken Cordon Bleu Mashed Sweet Potatoes Scandinavian Vegetables Cream Puffs	Catch of the Day Rice Pilaf Roman Blend Vegetables Brownie Diet = Small Piece
14	15	16	17	18
Buttermilk Chicken Red Bliss Potatoes Peas & Carrots Yogurt	Stuffed Pepper Casserole Mashed Potatoes Carrots Fresh Fruit	Garlic Herbed Chicken Potatoes Au Gratin Winter Mixed Vegetables Peach Streusel Cake Diet = Small Piece	Beef w/ Pearl Onions Rice Pilaf Green Beans Pineapple	Breaded Fish on Bun Potato Wedges Beets Pears Tartar Sauce
21	22	23	24	25
Beef Burgundy Brown Rice Broccoli Mixed Fruit	Roast Turkey Cranberry Stuffing California Blend Vegetables Banana Pudding Diet = Dt. Vanilla	American Chop Suey Broccoli & Red Peppers Corn Apple Crisp Diet = Applesauce	Chicken Pesto Delmonico Potatoes Chuck Wagon Corn Birthday Cake Diet = Plain Cake	HOLIDAY PICNIC MEAL Hot Dog on Bun Baked Beans Coleslaw Fresh Fruit Mustard
28	29	30	31	
Memorial Day No Meal Served	Beef with Onions & Peppers on Bun Mashed Potatoes Tuscany Vegetables Granola Bar	Ranch Chicken Wild Rice Honey Glazed Carrots Mandarin Oranges	Egg Frittata O'Brien Potatoes Stewed Tomatoes Fresh Fruit	

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Tri-Valley receives federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Executive Office of Elder Affairs.