

Tri-Valley, Inc. - September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 LABOR DAY NO MEAL SERVED	4 Salmon Boat w/Dill Sauce Mashed Potatoes Peas & Carrots Peaches	5 Chicken Fajitas Spanish Rice Black Beans & Corn Mandarin Oranges Sour Cream	6 Hot Dog on Bun Baked Beans Cole Slaw Fresh Fruit Mustard	7 Lasagna w/ Meatballs Broccoli Lorna Doone Cookies Minestrone Soup
10 Italian Braised Beef Steamed White Rice Broccoli & Carrots Pineapple Fortune Cookie	11 Chicken Mornay Vegetable Couscous Roman Blend Vegetables Chocolate Mousse	12 Roast Pork w/ Gravy Cranberry Herb Stuffing Mashed Potatoes Mixed Vegetables Applesauce	13 Cold Roast Beef Sandwich Lettuce & Tomato & Mayo Potato Salad Tomato & Cucumber Salad Fresh Fruit	14 Potato Crunch Fish Lemon Seasoned Potato Peas & Mushrooms Rice Pudding & Diet
17 Chicken Cacciatore Penne Pasta California Blend Vegetables Yogurt Split Pea Soup	18 Baked Potato w/ Chili & Cheese Broccoli Sour Cream Granola Bar	19 Turkey Supreme Rice Pilaf Brussel Sprouts Fruited Ambrosia	20 Meatloaf w/ Gravy Garlic Mashed Potatoes Country Blend Vegetables Pears	21 Mac 'n Cheese Stewed Tomatoes Green Beans Fresh Fruit
24 Swedish Meatballs Gemelli Pasta Scandinavian Vegetables Strawberries & Whipped Topping	25 Pork Rib-i-que Macaroni and Cheese Succotash Mandarin Oranges	26 Sloppy Joe Yukon Gold Potatoes Mixed Vegetables Fresh Fruit	27 Catch of the Day Sour Cream & Chive Potatoes Beets Birthday Cake Diet = Plain Birthday Cake	28 Buttermilk Chicken Lemon Seasoned Rice Spinach Brownie Diet = Small Piece

Dudley 508-949-6640, Franklin 508-520-1422, Milford 508-478-8102, Northbridge 508-234-2002, Oxford 508-987-6000,
 Southbridge 774-289-9438, Spencer 508-885-3904, Sturbridge 508-347-5063, Sutton 508-234-0703, Upton 508-529-9094,
 Uxbridge 774-482-6174, West Brookfield 508-867-1411

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 Aging and the Executive Office of Elder Affairs.